

# **In-Home Personal Training**

## **Delivering Fast Results in Your Home!**

FALL SPECIAL FOR ALL METRO EMPLOYEES &

FAMILY/FRIENDS

-ALL AGES

-ALL FITNESS LEVELS

-NO GYM MEMBERSHIP

-THE GYM COMES TO YOU

**30% OFF ALL SESSIONS AND PACKAGES**



**SPECIAL RATES END OCTOBER 1ST.**

PAY AS YOU GO SINGLE SESSIONS OR SAVE BY PURCHASING A PACKAGE

TEXT OR EMAIL TO SET UP DAYS AND TIMES

702-510-6866

LPRIDGEN@YAHOO.COM

(1) 60 MINUTE SESSION ~~\$50~~ \$35

(5) 60 MINUTE SESSIONS ~~\$240~~ \$168